



Put a package of Seedlings wipes in your diaper bag, on your changing table, and in your car. These gentle wipes are perfect for all of your cleansing needs (they even make amazing makeup removers).



Rub one drop of Sleepylze Oil in your palms and then gently massage baby's feet for a relaxing pre-nap routine to promote restful sleep. The KidScents line comes already diluted and ready for use.



Keep Diaper Rash Cream handy for those moments when baby's bottom needs some extra TLC and protection.



After baby's bath, use a small amount of Seedlings Baby Oil to massage baby's legs, arms, tummy, and back. Massage is known to stimulate baby's brain and bonding with caregivers.



Wash baby's clothes, linens, and even cloth diapers in Thieves Laundry Soap for a safe and effective way to keep clothes bright without harmful chemicals. These items are in contact with baby's skin 24/7 and should only be washed with the safest of ingredients. Use wool dryer balls instead of toxic dryer sheets and fabric softeners.



Clean surfaces from high chairs to car seats, changing pads to baby bathtubs with gentle and non-toxic Thieves Household Cleaner. Remove harsh and dangerous cleaners from cabinets that could cause harm to baby as he becomes mobile or harm his respiratory system when used to clean.



Keep a bottle of Thieves Hand Purifier by your changing area or in your purse/diaper bag to keep your hands soft and clean without harmful ingredients.



Add 3-4 drops of Gentle Baby Essential Oil to your Desert Mist diffuser before naptime, play time, or reading time to calm both you and baby.



Drink one packet of Ningxia Red each morning or afternoon as your energy lags so that you are fresh and ready to care for your little one, no matter how long and sleepless the night might have been!